

Teaching / lecture bio:

Keynote Speaker:

Oregon College of Oriental Medicine  
National Nutritional Foods Association, Seattle  
Provender Alliance Educational Conference  
California College of Ayurveda

Featured Speaker:

San Francisco State University  
International Herbal Symposium, Wheaton College, MA  
CAAM Ayurveda International Symposium, UC Berkeley, CA  
Panelist with His Holiness Dalai Lama; Ethical Revolution and the World Crisis, NYC  
University of Oregon, Bend, OR  
National Ayurvedic Medicine Association, FL

Institutes

Mt. Madonna Center, CA  
Ojai Foundation, CA  
SW Institute of Healing Arts, Tuscon, AZ  
Rocky Mountain Institute of Yoga and Ayurveda, Boulder  
Naropa Institute, Boulder, CO  
Ayurvedic Institute, Albuquerque  
Ross Institute / Center for Wellbeing, East Hampton, NY  
Wainwright House, Rye, NY

Acupuncture / Naturopathic Colleges

Oregon College of Oriental Medicine, Portland  
American College of Traditional Chinese Medicine, San Francisco, CA  
Emperor's College, Los Angeles, CA  
Northwest Institute of Acupuncture and Oriental Medicine  
Arizona School of Acupuncture and Oriental Medicine, Tuscon  
Bastyr Naturopathic University, Seattle, WA  
Yosan University, Santa Monica, CA  
Colorado School of Traditional Chinese Medicine, Denver, CO  
National College of Naturopathic Medicine, Portland, OR

Radio

KZLA, Los Angeles  
KWAD, Boulder, CO  
KUSP, Santa Cruz, CA  
KUNM, NM  
WMUB, Cincinnati, OH  
KVNA, Flagstaff, AZ  
WZLX, Boston, MA  
WBAA, Indiana Public Radio  
KOA, Denver, CO  
USA Radio  
Wisdom Network  
Jefferson Public Radio, Ashland, OR  
KPFK, Los Angeles

Television

Long Beach Community Access  
Worldlink TV (panelist with HH Dalai Lama, NYC)

Publications (excerpts, reviews, articles)

Tricycle  
Herb Quarterly  
Yoga International  
Inner Wisdom  
Library Review  
Booklist  
Whole Life Times  
Praxis Post  
Shambhala Sun  
New Renaissance  
Northwest Yoga  
Yogi Times  
LA Yoga

Newspaper articles / interviews

Tribune (Pacifica, CA)\*  
Seattle Times, WA\*

Workshops, meditation retreats, and classes at yoga studios

Seven Centers Yoga, Sedona, AZ  
Neighborhood Yoga, Casa de Maria, Santa Barbara, CA  
Body and Soul Yoga, Monterey, CA  
Silverlake Yoga, Los Angeles  
Yoga Works, Santa Monica, CA  
Samadhi Yoga, Seattle, WA  
In Yoga, Santa Monica, CA  
Yoga Center, Redondo Beach, CA  
Beyond Heaven, HI  
Yoga Shala, HI  
Om Yoga, NYC  
City Yoga, Los Angeles

Presentations, book signings, and workshops at clinics, retreat centers, and pharmacies:

Self and Soul Center, OR  
Inside Edge, UC Irvine, CA  
Sonoma Holistic Center, CA  
Motherland, Willits, CA  
Cedar Springs Herb Farm, MA

Professional workshops / conferences

High Desert Hospital Hospices Nurses Association, Palm Springs, CA  
CAAM Ayurveda International Symposium, Berkeley, CA  
International Herb Symposium, Wheaton, MA  
Medicines From the Earth, Black Mountain, NC  
Green Nations Gathering, VT  
International Herb Symposium, MA  
Natural Medicine Conference, Auburn, AL

Meditation Workshops

Foothill College, Palo Alto  
Private retreats, Pacifica, CA  
Self & Soul Center, OR  
Bastyr University, Seattle, WA

Wainwright House, Rye, NY  
Ross Institute, NY  
Om Yoga, NYC

#### Libraries

Santa Monica Public Library  
Henry Miller Library, Big Sur  
Venice Public Library, CA  
Fairview Public Library, CA  
San Francisco Public Library

#### Bookstores

Bodhi Tree, Los Angeles  
Barnes and Noble, Santa Monica  
Barnes and Noble, Albuquerque, NM  
Barnes and Noble, Eugene, OR  
Barnes and Noble, Berkeley, CA  
Borders, Los Angeles  
Borders, Albuquerque  
Borders, Eugene, OR  
Stacey's, San Francisco  
East-West, Mt. View, CA  
East West, Seattle, WA  
New Renaissance, Portland, OR  
Reader's, Sonoma, CA  
Florey's, Pacifica, CA  
Thunderbird, Carmel, CA  
Gateway, Santa Cruz, CA  
Solar Light, San Francisco  
Local Hero, Ojai  
Soundpeace, Ashland, OR  
Barnes and Noble, Peoria, AZ